



# Herb Seed Sowing Guide

|                  | Best Time to Sow                              | Sowing          | Plant             | <i>Frost Tender</i> or <i>Hardy</i> | Sow <i>Direct</i> or <i>Raise Seedlings</i> | Germ-ination time (days) |
|------------------|-----------------------------------------------|-----------------|-------------------|-------------------------------------|---------------------------------------------|--------------------------|
|                  | Hunter Region (includes Newcastle & Lake Mac) | Depth (mm)<br>↓ | spacing (cm)<br>↔ |                                     |                                             |                          |
| Anise            | Spring and Summer                             | ↓6              | ↔ 30              | Half Hardy                          | R                                           | 7-14                     |
| Basil            | Sep-Dec                                       | ↓3              | ↔ 25-40           | FT                                  | R/D                                         | 7-14                     |
| Bergamot         | Sep-Apr                                       | ↓3              | ↔ 30              | Hardy                               | R                                           | 7-21                     |
| Borage           | Aug-Feb                                       | ↓10             | ↔ 30              | Hardy                               | R/D                                         | 14-21                    |
| Burnet           | Mar-Apr, Oct-Dec                              | ↓8              | ↔ 30              | Hardy                               | R/D                                         | 14-28                    |
| Calendula        | Jan-May                                       | ↓10-15          | ↔ 30              | Hardy                               | R/D                                         | 14-21                    |
| Caraway          | Mar-May, Aug-Nov                              | ↓10             | ↔ 25              | Hardy                               | D                                           | 10-20                    |
| Catnip           | Sep-Apr                                       | ↓5              | ↔ 60              | Hardy                               | R                                           | 7-21                     |
| Chamomile        | Jul-Nov                                       | ↓1              | ↔ 10-40           | Hardy                               | R/D                                         | 14-21                    |
| Chervil          | Aug-Apr                                       | ↓6-10           | ↔ 30              | Hardy                               | D                                           | 14-21                    |
| Chives           | Sep-Mar                                       | ↓5              | ↔ 3-20            | Hardy                               | D                                           | 14-21                    |
| Coriander        | Mar-Apr, Aug-Nov                              | ↓6              | ↔ 20              | Hardy                               | D                                           | 14-21                    |
| Cress            | All year                                      | ↓4              | ↔ 15              | Hardy                               | D                                           | 6 to 12                  |
| Cumin            | Spring                                        | ↓5              | ↔ 20              | Half Hardy                          | D/R                                         | 5-14                     |
| Dill             | Aug-Apr                                       | ↓2-4            | ↔ 20              | Hardy                               | D                                           | 14-21                    |
| Echinacea        | Sep-Jan                                       | ↓6              | ↔ 50              | Hardy                               | R/D                                         | 14-28                    |
| Evening Primrose | Sep-Apr                                       | ↓1              | ↔ 30              | Hardy                               | R                                           | 21-28                    |
| Fenugreek        | Autumn, winter and spring                     | ↓10             | ↔ 40              | Hardy                               | D                                           | 4-14                     |
| Hyssop           | Spring and Summer                             | ↓6              | ↔ 40-60           | Hardy                               | R                                           | 5-15                     |
| Lemon Balm       | Mar-Apr, Sep-Dec                              | ↓3              | ↔ 50              | Hardy                               | R                                           | 7-28                     |
| Lovage           | Spring and Summer                             | ↓6              | ↔ 100             | Hardy                               | R/D                                         | 10-20                    |
| Marjoram         | Mar-Apr, Sep-Nov                              | ↓5              | ↔ 50              | FT                                  | R/D                                         | 10-28                    |
| Mint             | Aug-Dec                                       | ↓2              | ↔ 30-50           | Hardy                               | R                                           | 7-21                     |
| Nasturtuim       | Aug-Feb                                       | ↓10-15          | ↔ 30-45           | FT                                  | R/D                                         | 14-21                    |
| Oregano          | Aug-Dec, Mar-Apr                              | ↓5              | ↔ 50              | Hardy                               | R/D                                         | 10-28                    |
| Parsley          | Aug-Mar                                       | ↓4              | ↔ 30 ↔ 100-       | 30-40                               | R/D                                         | 14-28                    |
| Rosemary         | Spring and Autumn                             | ↓3              | 150               | Hardy                               | R                                           | 14-28                    |
| Rue              | Spring                                        | ↓5              | ↔ 50              | Hardy                               | R                                           | 7-14                     |
| Sage             | Sep-Jan                                       | ↓5              | ↔ 30-50           | Hardy                               | R/D                                         | 7-21                     |
| Savory           | Spring                                        | ↓3              | ↔ 40              | Hardy                               | R                                           | 7-21                     |
| Sorrel           | Autumn and Spring                             | ↓5              | ↔ 30-50           | Hardy                               | R                                           | 14-21                    |
| Tarragon         | Spring                                        | ↓1              | ↔ 50              | Half Hardy                          | R                                           | 10-28                    |
| Thyme            | Mar-Apr, Sep-Dec                              | ↓3              | ↔ 30              | Hardy                               | R/D                                         | 7-14                     |
| Wormwood         | Spring and Autumn                             | ↓0              | ↔ 60              | Hardy                               | R                                           | 10-28                    |
| Yarrow           | Spring                                        | ↓1              | ↔ 60              | Hardy                               | R                                           | 10                       |